



# Minnesota Clinic & 7v7 Tournament

[www.stepuplacrosse.com](http://www.stepuplacrosse.com)

**Sunday February 26th, 2012**

**Clinic: 10am-12pm**

**7v7 Tournament: 12:30-4pm**

Maplegrove Sports Dome  
9880 Fernbrook Lane N  
Maple Grove, MN 55369

**Clinic: \$45/player    Tournament: \$55/player**  
**\$85 for both!**

**Register online at [www.stepuplacrosse.com](http://www.stepuplacrosse.com)**

## TOURNAMENT DIRECTORS

**Jenny Collins**    Maryland, '10  
- 5<sup>th</sup> year attacker  
- 2010 NCAA Champion  
- 2x ACC Champion  
- 2x SAAC President

**Becky Clipp**    Maryland '07  
- US Team 2006-2010  
- 2x All-American defender  
- 2x All-ACC  
- STX Fab Five

*Other coaches: Katie Gallagher, Defense, Maryland '11*

## ABOUT STEP UP

Step Up Lacrosse welcomes the challenge to instill a sense of **confidence** in players in hopes that they will develop the same **passion for the sport** that our entire coaching staff has embodied throughout their careers. Being able to learn the skills of the game in a positive atmosphere provides the **optimal lacrosse experience** we believe every player deserves. *All of our camps include our signature motivational teaching techniques that are important for girls of all ages!*

Feel free to **contact us** if you have questions  
E: [stepuplacrosse@gmail.com](mailto:stepuplacrosse@gmail.com)    P: 410.925.7439/ 215.206.6338





# Clinic & Tournament Schedule

[www.stepuplacrosse.com](http://www.stepuplacrosse.com)

**Step Up Lacrosse** and **Lacrosse Connections** have teamed up this winter to offer a **clinic and 7v7 Tourney** for Minnesota girl's high school and middle school players. Sign up today for the clinic and preseason tournament. We will have games, prizes and more! It's a perfect way to gear up for the 2012 lacrosse season!

## DAILY SCHEDULE

10am	<b>Back-2-Lax Clinic</b> <i>Exciting skills training with added tips &amp; tricks to get ready for your 2012 season!</i>
12:20pm	<b>7v7 Rules Review</b>
12:30pm	<b>7v7 Tournament begins!</b>
2:00pm	<b>Break: Stick Tricks Demo</b>
3pm	<b>Standings announced after 1<sup>st</sup> round of pool play</b>
3:00pm	<b>Single Elimination Play begins</b>
3:40pm	<b>Championship Game</b>
4:00pm	<b>Prizes</b>

## 7v7 RULES

- Teams should wear matching jersey/color
- All games are 20 minutes long
- Each game starts with a stick toss
- Referees will be present at each field
- Tie breaker: 1v1, first goal wins
- Points
  - 2 points for a win
  - 1 point for a tie
  - 0 points for a loss

## REGISTRATION

- Registration fee: \$55 per player- please specify team name in registration so all players are together
- Average team size is 9 players
- Each team should have a designated goalie
- Every participant will receive an STX prize package upon registration